



Contact: Andrew Schamisso
Gratitude Health, Inc.
917-509-1903
Andy@OrganicGratitude.com

For Immediate Release

GRATITUDE HEALTH ANNOUNCES FIRST DISTRIBUTOR, SIGNS WITH DORA'S NATURALS

- Retailer Coverage will begin with New York, New Jersey and Connecticut -

Palm Beach Gardens, FL (November 13, 2018) – Gratitude Health Inc., (“Gratitude”) (OTCQB:GRTD), today announced that it has entered into a Distribution Agreement with Dora’s Naturals Inc., a privately owned distributor of natural and organic products, to service its ready-to-drink Gratitude Dragon Well Green Tea into the New York, New Jersey and Connecticut markets.

Gratitude’s line of ready-to-drink (RTD) Dragon Well Green Teas are all USDA-Certified Organic and come in five distinct flavors. The line’s Peach, Wildberry, Blood Orange and Original flavors have 45-calorie per 15-oz bottle. The fifth flavor, Mint, is a zero-calorie, unsweetened tea.

"We now have the best distributor in the natural and organic class of trade," said Andy Schamisso president and COO of Gratitude Health, Inc. "Dora’s has an impeccable reputation and a unique business acumen that comes with years serving a constantly evolving market that ranges from mom-and-pop stores to the very largest supermarket chains."

New Jersey based Dora’s Naturals delivers to over 4,000 store locations in the tri-state area reaching as far south as Virginia and as far north as New Hampshire. Through its hybrid distribution and merchandising system, Dora’s Naturals effectively delivers and services large, high-volume supermarkets, national drug and natural-food chains as well as small, independent accounts and on-premise/food-service locations.

Gratitude Health produces beverages that promote and support healthy aging. To that end, all Gratitude Tea flavors have an average of 417 mgs of polyphenols per bottle (in a recent study, the Journal of Nutrition reported that greater than 650 mgs per day is demonstrably effective.) Polyphenols are the phytonutrients found in vegetables and plants, which are very rich in antioxidants and have proven to be great fighters of free-radicals, which cause numerous diseases.

(more)

[Editor's note: photograph of Gratitude Health Inc. ready to drink iced tea packaging are at the end and attached to this press release.]

About Gratitude Health, Inc.:

Gratitude Health, Inc. manufactures USDA-certified-organic, ready-to-drink "Dragon Well" green teas. Dragon Well tea (culturally known as "Longjing") comes from the pristine, certified-organic fields of Hangzhou China. It has the distinction of being named "The Tea of Emperors" and is the most popular in China. Dragon Well is roasted after picking, which prevents oxidation and differentiates it from Japanese green tea, which is steamed during processing. The roasting of Dragon Well green tea provides a mellow and refreshing drinking experience, very different from the grassy taste of many Japanese green tea varieties.

Gratitude Health, Inc. is headquartered in Palm Beach Gardens, Florida. The Company was founded in 2018 by CEO Roy G. Warren, a 20-year leader in both the public and private beverage sectors. Gratitude was co-founded by President and COO Andrew Schamisso, a 15-year beverage veteran, best known for bringing to market America's first RTD white tea, Inko's White Tea, which he sold in 2014.

Distributors and retailers interested in carrying Gratitude Health can contact Andy Schamisso at 561-227-2727 or via email at Andy@OrganicGratitude.com



Caption: Enjoy the tea. Keep the bottle!

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